



Lus Qhia Txog Koob Tshuaj Txhaj Tiv Thaix Kab Mob rau Medi-Cal Cov Tswvcuab



Koob tshuaj txhaj tiv thaiv kab mob COVID-19 yog ib hom tshuaj uas muaj kev nyab xeeb.

Lub Tsoom Fwv Teb Chaw Lub Tuam Tsev Tswj Xyuas Khoom Noj thiab Tshuaj (Food and Drug Administration; FDA, raws li sau hauv lus Askiv) tau muab kev tso cai siv koob tshuaj txhaj tiv thaiv kab mob thiab pom tau tias nws muaj kev nyab xeeb.

Medi-Cal cov tswvcuab tuaj yeem txais tau koob tshuaj txhaj tiv thaiv kab mob COVID-19 yam tsis tau them nqi.



- Nyob ntawm lub Plaub Hlis Ntuj hnuv tim 1, 2021, qhov tshuaj txhaj tiv thaiv kab mob yeej muaj rau cov uas muaj hnuv nyoog 50 xyoo rov saud.
- Nyob ntawm lub Plaub Hlis Ntuj hnuv tim 15, qhov tshuaj txhaj tiv thaiv kab mob yeej muaj rau cov uas muaj hnuv nyoog 16 xyoo rov saud.

Nram qab no yog ob peb yam uas koj yuav ua tau kom thiaj kawm paub txog kev teem caij mus txhaj tshuaj tiv thaiv kab mob COVID-19:

- Sau npe hauv online rau ntawm California qhov chaw website sau npe teem caij txhaj tshuaj tiv thaiv kab mob COVID-19 (<https://myturn.ca.gov/>).
- Hu rau California tus xov tooj qhia xov xwm ceev txog COVID-19. Ib tug neeg uas muaj sia nyob yuav pab koj sau npe teem caij txhaj tshuaj tiv thaiv kab mob. Kom siv tau qhov kev pab no:
 - » Hu rau 833-422-4255.
 - » Koj yuav hnov 7 qhov uas koj xaiv tau. Nyob rau ntawm koj lub xov tooj cov leb uas nias tau, nias tus 1 kom hnov tau lus Askiv los sis nias tus 2 kom tau lus Mev.
 - » Qhov kev pab no yeej muaj hnuv Monday txog hnuv Saturday txij ntawm 8 teev sawv ntxov mus txog 8 teev tsaus ntuj thiab thaum hnuv Sunday txij ntawm 8 teev sawv ntxov mus txog 5 teev tsaus ntuj.

Ua txuas ntxiv raws li cov cai tsim los tiv thaiv kev nyab xeeb kom zam dhau kev sib kis ntawm tus kab mob

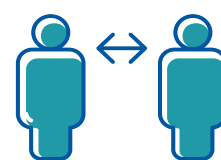


1. Coj daim ntaub npog ntsej muag.

Coj daim ntaub npog ntsej muag kom npog tau koj lub qhov ncauj thiab qhov ntswg los tiv thaiv koj tus kheej thiab lwm tus neeg. Txhua tus neeg uas muaj noob nyoog 2 xyoo thiab laus dua tsim nyog coj daim ntaub npog ntsej muag.

2. Ntxuav koj ob txhais tes.

Tiv thaiv kev sib kis cov kab mob thaum koj ntxuav koj ob txhais tes tas li. Siv tshuaj tua kab mob ntawm tes thaum koj tsis muaj dej ntxuav tes thiab xab npum.



3. Tswj kev nyob sib nrug deb ntawm lwm tus neeg thiab ua raws li cov lus txib kom nyob hauv tsev rau koj cheeb tsam.

Nyob kom sib nrug deb ntawm lwm tus neeg li ntawm rau feet los tsum kev kis tus kab mob COVID-19. Ua kom txais tau cov lus qhia tshiab nyob rau hauv koj cheeb tsam, uas suav nrog cov kev txwv nyob rau cov kev pab cuam pej xeem zej zog thiab ntau cov chaw.

4. Nyob hauv tsev yog tias koj muaj mob thiab zam kev nyob ze tej tus neeg uas ntxim li muaj mob.





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Hu rau koj tus Thawj Kws Kho Mob (Primary Care Provider; PCP, raws li sau hauv lus Askiv) yog tias koj pib muaj cov tsos mob kab mob COVID-19. Yog tias koj muaj lus nug txog koob tshuaj txhaj tiv thaiv kab mob, mus xyuas koj lub cheeb nroog lub chaw ua haujlwm saib xyuas pej xeem zej zog li kev noj qab haus huv lub website. Koj kuj tuaj yeem hu tau rau tus xov tooj nyob hauv koj lub cheeb nroog.

Nkag rau koj lub cheeb nroog qhov chaw saib xyuas kev noj qab haus huv qhov website:

Santa Cruz

[Cheeb Nroog Santa Cruz Lub Chaw Ua Haujlwm Muab Cov Kev Pab Cuam Kho Mob Rau Pej Xeem](#)

(County of Santa Cruz Health Services Agency)

<http://www.co.santa-cruz.ca.us/>

Tus xov tooj:

831-454-4242

(Hnub Monday-Friday,
8 a.m. txog 6 p.m.)

Monterey

[Cheeb Nroog Monterey Lub Chaw Ua Haujlwm Saib Xyuas Pej Xeem Zej Zog Li Kev Noj Qab Haus Huv](#)

(County of Monterey Monterey Health Department)

<http://www.mtyhd.org/covidvaccine>

Tus xov tooj:

831-769-8700

(Hnub Monday-Friday,
8 a.m. txog 5 p.m.)

Merced

[Cheeb Nroog Merced Lub Chaw Ua Haujlwm Saib Xyuas Pej Xeem Zej Zog Li Kev Noj Qab Haus Huv](#)

(Merced County Department of Public Health)

<https://vaccinatemercedcounty.com/>

Tus xov tooj:

209-381-1200

(Hnub Monday-Friday,
8 a.m. txog 6 p.m.)

Kom paub ntxiv txog tus kab mob COVID-19, mus xyuas [Lub Chaw Tiv Thaiv Kab Mob Thiab Pab Tswj Mob \(Centers for Disease Control and Prevention; CDC, raws li sau hauv lus Askiv\) lub website.](#)

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/need-to-know.html>

TIBNEEG MUAJ KEV NOJ QAB HAUS HUV. NEEG ZEJ ZOG MUAJ KEV NOJ QAB HAUS HUV.

www.ccah-alliance.org