



Medical Nutrition Therapy Benefit

Quick Reference Guide

Medical Nutrition Therapy (MNT) provided by a Registered Dietitian (RD) is a covered benefit for all lines of business for Alliance members that meet qualifying conditions or are deemed at nutritional risk.

Prior authorization is required for all MNT services. Prior authorizations can be requested through the Provider Portal by utilizing the following:

Authorization Class	Out Patient
Authorization Subclass	Rehab Therapies

Providers offering MNT to Alliance members should use the following codes for authorizations and claims payments:

CPT-4 Code 97802	MNT, initial assessment and intervention, individual, face-to-face with patient, each 15 minutes
CPT-4 Code 97803	MNT, re-assessment and intervention, individual, face-to-face with patient, each 15 minutes
CPT-4 Code 97804	MNT, group (2 or more individual[s]), each 30 minutes

Annual MNT coverage is a maximum of 3 hours for the first calendar year and 2 hours per calendar year in subsequent years. If additional MNT is required beyond the maximum utilization, please submit a new authorization request for an Alliance Registered Dietitian to review.

Adults (>21 years) with a medical diagnosis deeming them to be "At Nutrition Risk" requiring a special or restrictive diet, including but not limited to:	
<ul style="list-style-type: none"> * Acute Renal Failure * Allergic Gastroenteritis * Cancer with Significant Weight Loss or Head, Neck, or Gastrointestinal in origin * Celiac Disease * Congestive Heart Failure * Chronic Kidney Disease * Chronic Non-Alcoholic Liver Disease * Dysphagia * Eating Disorders * Gastrointestinal disease with malabsorption 	<ul style="list-style-type: none"> * Hepatic Disease * Short Bowel Syndrome * HIV/AIDS * Significant Hyperlipidemia * Inborn Errors of Metabolism(i.e. PKU or galactosemia) * Nutrition Support, i.e. Total Parenteral Nutrition, Enteral Nutrition * Nutritional Anemia * Pancreatitis * Pre-Post Bariatric Surgery * Poor Healing Wounds

Children (0 - 20 years) with a medical diagnosis deeming them to be "At Nutrition Risk" requiring a special or restrictive diet, including but not limited to:	
<ul style="list-style-type: none"> * Failure to thrive (BMI or weight for height < 10th percentile or a weight deceleration that crosses two major percentile lines on growth charts) * Celiac Disease * Chronic constipation 	<ul style="list-style-type: none"> * Dysphagia * Eating Disorders/Disordered Eating * Food Allergies * Hyperlipidemia * Obesity BMI > 95th percentile