

# Section 7

## Carved Out and Subcontracted Benefits and Services



### Carved Out Services: Medi-Cal

Certain medical or allied-health services are not included in the Alliance’s benefits package and thus we are not responsible for authorizing or providing those services; rather, they are covered directly by the state Medi-Cal program. These are referred to as “Carved-Out Benefits.” Following is a list of these benefits with contact information.

#### Dental Services

Please call Denti-Cal at (800) 322-6384 for assistance in locating a Medi-Cal dentist or to obtain prior authorization for service. For TTY services contact (800) 735-2922.

#### Behavioral Health Services

Short-Doyle/Medi-Cal County Behavioral Health services (inpatient or outpatient)

##### *Specialty Mental Health Services*

Providers are required to provide assistance to Medi-Cal members needing Specialty Mental Health services for the Severely Mentally Ill (SMI) by calling the County Behavioral Health Access phone numbers in the table below.

Beacon Health Options does not provide Specialty Behavioral Health services, but can assist members with accessing county mental health services. **Providers can reach Beacon by calling (855) 765-9700.** Additionally, providers should coordinate services with the Medi-Cal member’s mental health provider, as appropriate.

<a href="#">Santa Cruz County Behavioral Health Access</a>	(800) 952-2335
<a href="#">Monterey County Behavioral Health Access</a>	(888) 258-6029
<a href="#">Merced County Behavioral Health Access</a>	(888) 334-0163

- Alcohol and Drug Treatment program services (including Voluntary Inpatient Detoxification and outpatient heroin detoxification).
  - PCPs are required to provide assistance to Medi-Cal members needing Alcohol and Drug Treatment services by referring them to the appropriate county or community agency. The phone numbers for the County Behavioral Health Access teams are in the table above. PCPs may call

Beacon Health Options for assistance in appropriately referring members with Substance Use Disorders. **Providers can reach Beacon by calling (855) 765-9700.**

Physicians credentialed under a Primary Care Physician Services Agreement and with a DEA X license may provide Medication Assisted Treatment (MAT) for substance use disorders and to prevent opioid overdose.

### Laboratory Services

Laboratory services are provided under the state serum alpha-fetoprotein testing program administered by the Genetic Disease Branch of DHCS.

### Other Carved Out Services

Targeted Case Management Services as specified in Title 22 CCR Section 51351.

Certain home and community-based wavered services (e.g., In Home Operations, HIV/AIDS Home and Community Based Services Waiver, Multipurpose Senior Services Program) are available through Medi-Cal waiver programs administered by DHCS or community-based organizations. For more information on waiver services please see Policy [405-1107 - HIV/AIDS Home and Community Based Services Waiver Programs and policy 405-1111 - Community Based Adult Services and Enhanced Case Management](#) and Policy [405-1108 - Medi-Cal Home and Community Based Services \(HCBS\) Waiver Programs](#).

### California Children's Services – Medical Therapy Program

The Medical Therapy Program (MTP) is a special program within California Children's Services that provides physical therapy (PT), occupational therapy (OT) and medical therapy conference (MTC) services for children who have disabling conditions, generally due to neurological or musculoskeletal disorders.

The MTP is administered by the County CCS program.

## Subcontracted Benefits

### Behavioral Health Benefits: Medi-Cal

Effective January 1, 2014 outpatient services for mild to moderate mental health conditions are a benefit covered by the Alliance. The Alliance covers specified services to adults and children diagnosed with a mental health disorder, as defined by the most current version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) that results in mild to moderate impairment of mental, emotional, or behavioral functioning. The Alliance partners with Beacon Health Options (Beacon)/College Health IPA (CHIPA), a Managed Behavioral Health Organization (MBHO), to administer behavioral health services on behalf of the Alliance. These services are provided through Beacon's provider network. PCPs may refer members to Beacon for assessment and referral. . If you are unsure whether a member has mild to moderate mental health issues or severe mental health issues, contact Beacon and they will screen the member to make that determination and refer them to one of their network providers. Contact Beacon by submitting a referral request using the PCP Referral Form on the [Behavioral Health page](#) of the Alliance's provider website. Providers and members can also call Beacon at (855) 765-9700 24 hours a day, 365 days a year. Beacon providers will ask members to sign a statement authorizing the clinician to share clinical status information with the member's PCP and for the PCP to respond with additional member status information to the extent permitted by law. Members may elect to

authorize or refuse to authorize release of any information except as necessary to comply with federal, state and local laws.

The behavioral health services covered by the Alliance include:

- Individual and group mental health evaluation and treatment (psychotherapy).
- Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition (prior authorization from the Managed Behavioral Health Organization required).
- Outpatient services for the purposes of monitoring drug therapy.
- Outpatient laboratory, drugs, supplies and supplements (excluding anti-psychotic drugs which are covered by Medi-Cal FFS).
- Psychiatric consultation.

The same mental health benefits available to Medi-Cal members are available to CCS members. Family therapy with the member present is also covered for CCS eligible members. Coverage of mental health services under the CCS benefit is available when the member is CCS eligible and the rendering provider is a CCS paneled mental health provider. Access to these benefits follows the same process as Medi-Cal. Members and PCPs may contact Beacon through their toll-free number, (855) 765-9700, 24 hours a day, 365 days a year. Beacon providers will ask members to sign a statement authorizing the clinician to share clinical status information with the member's PCP, and for the PCP to respond with additional member status information to the extent permitted by law. Members may elect to authorize or refuse to authorize release of any information except as necessary to comply with federal, state and local laws.

Family therapy and couples counseling for relational problems is excluded from Alliance covered services. However, family therapy with the member present is covered for CCS eligible members.

Behavioral Health Treatment (BHT) for Autism Spectrum Disorder (ASD) and other developmental disorders is a covered benefit for eligible Medi-Cal members. Prior authorization from the Managed Behavioral Health Organization, Beacon Health Options, is required. BHT services include Applied Behavioral Analysis and other evidence based services aimed at shaping behavior. This particular benefit is available for members under the age of 21. The role of the PCP is important to identify and refer children who are in need of behavioral health treatment for autism or other developmental conditions, as well as to provide medical follow-up for commonly co-occurring medical disorders. Beacon administers this benefit on behalf of the Alliance, and providers can refer members to Beacon by contacting them at (855) 765-9700. Providers may also contact Beacon for assistance in determining or meeting the diagnostic criteria.

The Alliance will continue to cover outpatient laboratory, supplies, supplements, drugs (excluding anti-psychotic drugs, which are covered by Medi-Cal FFS and require a Treatment Authorization Request to be accessed by a PCP for a member) and behavioral health services provided by PCPs. Beacon offers a Decision Support service in which PCPs may contact Beacon to request a psychiatric consultation for medication management or to discuss behavioral health concerns managed by the PCP.

For more information on the Alliance Medi-Cal behavioral health benefits, see Policy [405-1305 - Behavioral Health Services](#) and Policy [404-1313 - Primary Care Provider Responsibilities Including Case Management and the Promotion of Patient Centered Medical Home](#).

## Behavioral Health Services: Alliance Care IHSS Program

### *Behavioral Health Services – Inpatient*

Behavioral health care services in a participating hospital will be provided to Alliance Care IHSS members when ordered and performed by a participating behavioral health professional. Prior authorization is required.

. To access behavioral health services, the member should call Beacon Health Options at (800) 808-5796. There is no copayment associated with inpatient behavioral health services.

Diagnosis and inpatient treatment of a behavioral health condition includes services for all mental conditions and for substance use disorders in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders. This includes but is not limited to the following treatment of Severe Mental Illness (SMI), and Serious Emotional Disturbance (SED) of a child:

- Schizophrenia.
- Schizoaffective disorder.
- Bipolar disorder (manic-depressive illness).
- Major depressive disorders.
- Panic disorder.
- Obsessive-compulsive disorder.
- Pervasive developmental disorder or autism.
- Anorexia nervosa.
- Bulimia nervosa.

### *Behavioral Health Services – Outpatient*

Behavioral health care services will also be provided to Alliance Care IHSS members on an outpatient basis. You may refer a member or members can self-refer for outpatient services. Prior authorization is required for psychological and neuropsychological testing, but not for other behavioral health outpatient services.

Outpatient behavioral health services are provided through Beacon Health Options. To access behavioral health services, the member should call Beacon Health Options at (800) 808-5796 and identify him/herself as an Alliance member.

### *Copayment*

The copayment for Alliance Care IHSS members is \$10 per visit.

Services include, but are not limited to treatment for members who have experienced family dysfunction or trauma, including child abuse and neglect; domestic violence; substance abuse in the family; divorce; and/or bereavement. Also included is the involvement of family members in the treatment process, to the extent that the provider has determined it is appropriate for the health and recovery of the Alliance member.

Services are offered for all mental conditions and for substance use disorders in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders. This includes but is not limited to the following treatment of Severe Mental Illness (SMI), and Serious Emotional Disturbance (SED) of a child:

- Schizophrenia.
- Schizoaffective disorder.
- Bipolar disorder (manic-depressive illness).
- Major depressive disorders.
- Panic disorder.
- Obsessive-compulsive disorder.
- Pervasive developmental disorder or autism.
- Anorexia nervosa.
- Bulimia nervosa.

### Telehealth Services: Mental Health

Telehealth services are available for mild to moderate mental health services for Medi-Cal and IHSS members. These services are managed through Beacon Health Options. Mental Health services offered through telehealth are specific services for members who are unable to receive outpatient psychopharmacology and/or psychotherapy treatment locally due to a lack of available resources in their geographic area. It is ideal for rural settings and other locations where professional services would not otherwise be readily available, interim coverage when a psychiatrist, psychologist and/or mental health clinician is unavailable, or other situations that would prevent or delay service delivery. The goal is to improve access to and delivery of psychopharmacology and/or psychotherapy services to ensure that all members receive the best possible care regardless of geographic location.

Telehealth services are conducted from a distant site equipped with a secure two-way, real-time interactive telecommunication system to a member in a qualifying originating site, or in a home-based setting. A mental health provider has the capacity to provide the following via a secure two-way, real-time interactive telecommunication system:

- Psychopharmacology Diagnostic Assessment
- Ongoing Psychopharmacological Services
- Psychiatric Diagnostic Evaluation
- Ongoing psychotherapy services

### Vision Services: Medi-Cal

The Alliance sub-contracts with Vision Services Plan (VSP) to provide vision services to Alliance members. The plan covers routine eye exam once every 24 months; The Alliance may pre-approve (prior authorization) additional services as medically necessary. Eyeglasses (frames and lens)

once every 24 months; contact lens when required for medical conditions such as aphakia, aniridia and keratoconus.

For refraction services or eyeglasses, members must go to a VSP Medi-Cal participating provider. Participating providers can be found in the [VSP Provider Directory](#).

For information on how to become an approved optometrist, please reference [Policy 300-4160-Optometrists Reimbursement for Medical Services](#).

### **Vision Services: Alliance Care IHSS**

Not a covered benefit.

### **Dental Services: Alliance Care IHSS**

Not a covered benefit.

### **Child Health and Disability Prevention Program**

The Child Health and Disability Prevention (CHDP) Program is a preventive program to ensure periodic health assessments and services for low-income children and youth in California. CHDP is funded by both federal and state governments to ensure the provision of a pre-specified maximum number of *preventive-care* visits for children under 21 years who are enrolled in Medi-Cal.

Health assessments are provided by CHDP-enrolled private physicians, local health departments, community clinics, managed care plans and some local school districts.

Some of the services covered by CHDP include, but are not limited to:

- Developmental assessment.
- Health and development history.
- Immunizations.
- Laboratory tests and procedures (including tests for serum levels of lead).
- Periodic comprehensive health examinations.
- Psychosocial screening.
- Speech screening.
- Vision screening.

### **Early Start Program for Developmentally Disabled Infants and Toddlers: Medi-Cal**

The Early Start Program is California's response to federal legislation ensuring that early intervention and medically necessary diagnostic and therapeutic services are provided to infants and children with developmental delays or disabilities – and that such services are provided in a coordinated, family-centered network.

Alliance members eligible for early intervention services are infants and toddlers from birth to 36 months for whom documented evaluation and assessment confirms that they meet any **one** of the following criteria:

- Child has a developmental delay in either cognitive, communication, social or emotional, adaptive, or physical and motor development including vision and hearing; or
- Child has an established risk condition(s) of known etiology, with a high probability of resulting in delayed development; or
- Child is at high risk of having a substantial developmental disability due to a combination of risk factors.

California state legislation requires that you refer children between 0-36 months to the Early Start Program for evaluation if they exhibit a significant developmental delay, have multiple risk factors, or have an established risk factor; this referral must take place within 48 hours of your assessment.

PCPs should collaborate in the development of a child's IFSP (the Regional Center's Individualized Family Service Plan), and monitor and coordinate all medical services with Regional Center staff, when applicable.